

Father, I give attention to your Words. I incline my ear to your sayings. I do not let them depart from my sight. I keep them in the midst of my heart. For your Word is life to me as I find it, medicine and health to my whole body.

I declare that Christ has redeemed me from the curse of the law, having become a curse for me! Therefore, I forbid any sickness or disease to enter or exist in my body today.

Lord, I believe that you bless my bread and my water; and that you remove all sickness from me today. I also believe that I am liberated from hereditary afflictions in my family, because I have your life flowing in me. Every disease-causing bacteria and virus that touches my body today dies instantly in the name of Jesus. Every organ and every tissue of my body functions in the perfection to which God created it to function. I forbid any malfunction in my body today, in the name of Jesus.

I command every abnormal and malignant cell that might exist in my body today to be destroyed and purged right now. I declare with the authority of God's Word that I will not die, but live, and declare the mighty works of my Lord and Saviour, Jesus Christ!

Jesus, you bore my sickness, disease, pain and infirmity. You were wounded for my transgressions. You were bruised, pierced, and crushed for my iniquities. The chastisement necessary for me to have and enjoy peace and well-being fell upon you, and with your stripes I am totally healed!

Father, your Spirit, the same Spirit who raised Jesus from the dead, dwells in me. Your Spirit releases your healing power and life in me. Just as you raised Christ from the dead, you are now giving life to my mortal body through your Spirit. Every part of my body is being healed, repaired, restored, revitalized, and rejuvenated. Your healing power floods my body, permeating every cell, bathing every tissue, saturating and soaking every organ. I am filled with the life and power of your Word and your Spirit!

Father-God, you sent your Word and healed me, and delivered me from all destruction. Your Word will accomplish its' mission of healing in my body.

Therefore, I bless you, Lord, with all my soul, and with everything that is within me, and I forget none of your benefits. You pardon all my iniquities. You heal all my diseases. You redeem my life from destruction. You crown me with your loving kindness and your tender mercies. My youth and strength are renewed like the eagles. I will ever praise you, my Healer, my Redeemer, and my Physician.

In Jesus' name, Amen!