

**Father, you have not given me the spirit of fear, but of power and love and a sound mind. No weapon formed against me shall prosper, and every tongue that rises against me in judgment is condemned. Fear has no dominion over me because you, the Greater One, live in me. You have given me victory in every area of life. You are always on my side, so I will not fear. What can man do to me? Greater are you in me, than he who is in the world. Your peace passes all understanding, and it guards my heart and mind through Christ Jesus.**

**Spirit of fear, I rebuke you, in the Name of Jesus. I cast you out of my mind. I cast you off of my body. I have no more fear. Father, you love me as much as you love Jesus. Your love is poured out in my heart by the Spirit of God. And perfected love casts out all fear. Fear and every bondage, get out. Leave me now in the name of Jesus! You'll not come near my dwelling. I dwell in the secret place of the Most High God.**

**I have not received a spirit of slavery to fear, but I have received your Spirit, the spirit of adoption, whereby I cry "Abba, Father." I belong to you, Lord, and am no longer a slave to fear, stress, anxiety or depression. I am set free from him who had the power of death, that is the devil, by the precious blood of the Lamb.**

**I don't allow my heart to be troubled because I trust in you, Lord. I stand on your promises and I declare that no evil shall befall me, neither shall any plague or calamity come near me, my family or our dwelling places. The angels of the Lord surround me and watch over my family and me. I cover my family and myself with the blood of Jesus—spirit, soul and body.**

**Thank You, Lord, that I dwell in the shadow of your wings, and you protect me. My steps are ordered by you, and you lead me and guide me in the way I should**

**go. Thank You, Lord, that you are the Good Shepherd and that you watch over me and take care of me.**

**In Jesus' name, Amen!**